# Harmful Algal Bloom (HAB) Guidance Document for Montana



May 2019











# TABLE OF CONTENTS

Table of Contents	i
List of Tables	i
List of Figures	ii
1.0 Introduction	1
1.1 Background	1
1.2 Cyanotoxins	2
1.3 Exposure Pathways	3
1.4 Animal Exposure	4
2.0 Guidelines and Advisories	5
2.1 Finished Drinking Water	5
2.2 Recreational Water	5
2.3 Advisories	6
2.4 Managing Jurisdiction	7
3.0 Monitoring and Testing	8
3.1 Visual Assessments	8
3.2 Field Tests	9
3.3 Laboratory Analysis	9
3.4. Sampling Procedures	
3.5 Reporting	
4.0 Contacts and Resources	
4.1 Montana State HAB Team	
4.2 Resources	
5.0 References	
Appendices	
Appendix A – Abraxis Test Strip Instructions	
Appendix B - Region 8 EPA, Total Cyanotoxin Sampling Procedures, June 2015	

# LIST OF TABLES

Table 1. EPA Drinking Water Health Advisory for Cyanotoxins	5
Table 2. Montana HAB Public Health Advisory Tiers for Recreational Waters	6
Table 3. Members of Montana State HAB Team1	2

# LIST OF FIGURES

Figure 1. Cyanobacteria and Green Algae Examples	2
Figure 2. Common Cyanobacteria Species Under a Microscope	
Figure 3. Decision Flow Chart for Harmful Algal Blooms in Recreational Water and Private Water Users .	8

# **1.0 INTRODUCTION**

The purpose of this document is to provide guidance to local, state, federal, and private landowners to protect people, pets, and livestock from the effects of harmful algal blooms (HABs) in Montana. This guide discusses the general process, factors to consider, and suggestions and recommendations to consider when a waterbody is experiencing a potential HAB. The document provides helpful hyperlinks within the text for more information as well as a HAB contact and resource section.

This guide was developed by the Montana State HAB Team. The HAB Team includes members from the Department of Environmental Quality (DEQ), Department of Public Health and Human Services (DPHHS), and Fish, Wildlife and Parks (FWP). This is not a statewide policy and only serves as recommendations and guidance. The guide is a compilation of information from states and federal agencies that have established HAB guidelines. Other states and organizations that provided information include: Environmental Protection Agency (EPA), Colorado Lake and Reservoir Management Association, Utah Department of Health, Utah Department of Environmental Quality, World Health Organization, California Environmental Protection Agency.

#### **1.1 BACKGROUND**

A HAB consists of cyanobacteria, also known as blue-green algae, a common phytoplankton in Montana's waterbodies. Their primary distinction from other algae is that they are prokaryotic (no membrane bound organelles). Cyanobacteria are aquatic, unicellular, and quite small but often grow in colonies large enough to be able to see; they create their own energy from photosynthesis like other eukaryotic phytoplankton.

Cyanobacteria are naturally-occurring photosynthetic bacteria found in many habitats (including recreational waters). Potentially toxic blue-green algae occur throughout Montana in any standing bodies of water exposed to the sun, e.g., lakes, reservoirs, stockponds, and roadside ditches. They are not as common in rivers, streams, springs, or irrigation canals. All cyanobacteria are capable of producing toxins (cyanotoxins).

When dense algae populations develop, especially cyanobacteria, they often (though not always) turn the water a greenish or blue-greenish color referred to as a "bloom." Dense blooms near the surface may resemble a layer of green latex paint or spilled milk (**Figure 1**). HABs can occur in a variety of colors, including bright blue, green, white, brown, and red. More than one color may be present. HABs occur when naturally occurring cyanobacteria quickly multiply to high densities and form visible water discoloration, scums, and/or mats. They may also give off a foul odor. They can occur year round, but are most common in the summer when abundant sunlight and warm, stagnant water combine with high nutrient levels.

There is no way to determine if a suspected bloom is toxic just by looking at it. Just because there is a cyanobacteria bloom doesn't mean that cyanotoxins are present or being released into the water and, at the other end of the spectrum, cyanotoxins can be present when there is no bloom. It is also easy to mistake growths of green algae for HABs. Visual examples of cyanobacteria and green algae are presented in **Figure 1**.



Figure 1. Potentially toxic cyanobacteria versus nuisance green algae examples





c. Blue-Green Algae (Cyanobacteria)



b. Green Algae Example



d. Blue-Green Algae (Cyanobacteria)

## **1.2 CYANOTOXINS**

Freshwater cyanotoxins in Montana include microcystins, cylindrospermopsin, and anatoxin-a. While no human deaths caused by direct contact with cyanotoxins have been confirmed in the U.S., they have been known to kill pets, livestock and wildlife. Deaths to pets and livestock by drinking cyanobacterial blooms have been documented in Montana. Exposure to the cells themselves can result in less serious health effects, even when no cyanotoxins are present. Limited cyanotoxin data exists for Montana and cyanobacteria data has only been collected on specific waterbodies. Two species common to Montana-*Aphanizomenon Flos-aquae* and *Microcystis Aeruginosa--* have produced toxins elsewhere. Common cyanobacteria species are shown in **Figure 2**.

Microcystin are a group of at least 80 toxin variants, microcystin-LR is the most toxic. They are produced by *Microcystis, Anabaena, Planktothrix, Nostoc, Hapalosiphon, Anabaenopsis,* and *Snowella Lacustris*. Microcystin is a hepatotoxin, affecting the liver, causing serious acute symptoms and also slower chronic symptoms. Symptoms can occur hours or days after being exposed to the cyanotoxin. Signs include abdominal pain, loss of appetite, jaundice, dark or reduced urine, diarrhea, vomiting, liver damage, and hemorrhages.

Anatoxin is a neurotoxin produced by a number of cyanobacterial genera including *Anabaena*, *Aphanizomenon*, and *Planktothrix*. Neurotoxins affect the nervous system and can occur very quickly. Signs can appear within 15 -20 minutes after ingestion. Signs include numbness of the lips, tingling in fingers and toes, stumbling, seizures, paralysis, disorientation, headaches, inactivity, elevated heart rate, dizziness, and respiratory failure.

Cylindrospermopsin is another liver toxin that can be found in *Cylindrospermopsis*, *Aphanizomenon*, *Anabaena*, *Umezakia*, and *Raphidiopsis*. The toxin can also damage other major organs (kidney, lung, spleen, thymus, and heart).

Dermatotoxins affect the skin and can be produced by various cyanobacteria species with or without other toxins. Symptoms can occur quickly if the skin is not rinsed after contact with cyanotoxins. Signs include rashes, hives, swelling, itching, and excessive drooling and seizures. Dermatotoxins are not specifically part of toxin testing, although high cyanobacteria cell counts usually indicate the presence of dermatotoxins and the increased likelihood of associated illnesses.





a. Anabaena

b. Microcystis

c. Cylindrospermopsis

#### **1.3 EXPOSURE PATHWAYS**

If cyanobacteria are producing toxins, cyanotoxins can be released into the water as cyanobacteria grow and die. Toxin concentrations can become elevated, particularly during a bloom event, concentrate along shorelines, and can persist in the environment after a visible bloom is over.

The primary exposure pathway for cyanotoxins is through ingestion of water. Ingestion of water can occur through both incidental and intentional pathways. Incidental ingestion is more likely in recreational waters. The risk of incidental ingestion is particularly high for children playing in near-shore areas since these areas are also where scums tend to accumulate.

Dermal irritant or allergic effects are possible from skin contact with cyanobacteria; however, the cyanotoxins are not likely to cross the skin barrier and enter the bloodstream. Inhalation and aspiration of toxin is possible, especially through activities where the toxin is aerosolized, such as water skiing or splashing.

A possible scenario for the intentional ingestion of recreational water is the use of lake water for drinking or cooking purposes by campers, hikers and backpackers. Camping filters, tablets, and boiling will not remove cyanotoxins. There is insufficient information to determine the risk of consuming fish caught in waters with toxigenic cyanobacteria. At a minimum, the fish should be rinsed with potable water and the organs should be removed and discarded prior to cooking fillets.

Montana public water suppliers are not federally mandated to monitor or treat for cyanotoxins. Thus, there is potential risk to consumers whose drinking water is sourced from a lake or reservoir during HAB season. Landowners with private drinking water sources from lakes or reservoirs with HAB potential are also at risk and should be cautious during HAB season. Do not drink water sourced from a HAB identified water body.

#### **1.4 ANIMAL EXPOSURE**

Pets and livestock may be at higher risk for cyanotoxin poisoning since they are more likely to drink contaminated water.

Late summer, times of drought, or wind blowing a bloom toward the animal access points are the times of greatest concern for livestock poisoning due to cyanotoxins. Immediate symptoms may include vomiting, diarrhea, dark urine, excessive thirst, shaking, itching, rash, respiratory paralysis, and death. Chronic exposure may include symptoms of anorexia, mental derangement, dehydration, hypoglycemia, and death.

If you suspect the presence of a HAB, do not let your pet or livestock drink the water. In the case of no other water source, the waterbody in question should be tested for cyanotoxins immediately. **Section 3** discusses testing methodologies.

If your pet or livestock has ingested a water source that is potentially or verifiably contaminated with cyanotoxins, call your veterinarian immediately and report the incident on <u>HAB.MT.gov</u>. If your veterinarian is unfamiliar with cyanotoxin poisoning, please have them contact members of the State HAB Team or the State Veterinarian (**Section 4.0**). Additional information on animal cyanotoxin poisoning is available on the Centers for Disease Control and Prevention (<u>CDC</u>) website.

In the case of a livestock death, the U.S. Department of Agriculture (USDA) Farm Service Agency (FSA) may be able to provide financial assistance through the <u>Livestock Indemnity Program</u> (LIP). To be eligible for livestock reimbursement through LIP, a water test is required to confirm the presence of cyanotoxins, and a veterinarian must provide proof of loss. Livestock producers can contact their <u>local</u> <u>FSA office</u> for assistance.

There are also funding opportunities available for livestock producers looking to provide livestock a new water source, such as an off-stream water or other grazing best management practices, that can reduce the risk of HAB exposure. These include but are not limited to the USDA Natural Resources Conservation Service (NRCS) Environmental Quality Incentives Program (EQIP) and DEQ's Nonpoint Source Pollution 319 Funding. Interested landowners can contact their <u>local NRCS field office</u> or the <u>Nonpoint Source</u> <u>Program</u> for more information.

# **2.0 GUIDELINES AND ADVISORIES**

## 2.1 FINISHED DRINKING WATER

Finished drinking water is the transformation of raw water from surface water or groundwater sources into drinking water that is compliant with the Safe Drinking Water Act using an appropriate treatment technology. EPA has issued Drinking Water Health Advisories for the cyanobacterial toxins microcystins and cylindrospermopsin. Recommended health advisory levels are at or below 0.3 micrograms per liter for microcystins and 0.7 micrograms per liter for cylindrospermopsin in drinking water for children preschool age and younger (Table 1). It is important to remember that these concentrations apply to finished drinking water. For school-age children through adults, the recommended HA levels for drinking water are at or below 1.6 micrograms per liter for microcystins and 3.0 micrograms per liter for cylindrospermopsin. Young children are more susceptible than older children and adults as they consume more water relative to their body weight. Health advisories are non-regulatory values, rather they serve as informal technical guidance to assist federal, state and local officials, and managers of public or community water systems to protect public health from contaminants. EPA has also published health effects support documents for the cyanobacterial toxins microcystins and cylindrospermopsin. These documents contain the health effects basis for the development of health advisories for the protection of human health. In addition, EPA has published a health effects support document for anatoxin-a but concluded that there was not adequate information to support a health advisory for this toxin.

Cyanotoxin	Bottle-fed infants and pre-school	School-age children and adults <sup>1</sup>		
	children <sup>1</sup>			
Microcystins	0.3 ug/L	1.6 ug/L		
Cylindrospermopsin	0.7 ug/L	3 ug/L		

Table 1. EPA Drinking Water Health Advisory for Cyanotoxins (EPA, 2015a,b)

<sup>1</sup>10 Day Exposure

Montana Public Water Suppliers (PWS) are not required to monitor for cyanotoxins because cyanotoxins are not a federally regulated contaminant. It is up to the individual public water supplier to voluntarily monitor for cyanotoxins.

For more information, the DEQ's drinking water contact is Lisa Kaufman and can be reached by phone: 406-444-5313, or by email: <u>LKaufman@mt.gov.</u>

## **2.2 RECREATIONAL WATER**

Montana has developed a three tier approach to public health advisories incorporating both <u>World</u> <u>Health Organization</u> (WHO) and <u>EPA guidelines</u> as shown in **Table 2.** The elevated cyanotoxin levels detected under Tier 2 pose more health risks than levels detected under Tier 1; however, it is difficult to test cyanotoxins frequently enough to determine when conditions change. Therefore, the State HAB Team recommends posting Caution signs for both scenarios and investing more time notifying water users if conditions reach Tier 2.

	Tier 1: Caution	Tier 2: Caution	Tier 3: Consider Closure
Relative Probability of	Low	Moderate	High
Acute Health Effects <sup>1</sup>			
Cyanobaceterial Cell	<20,000	20,000 - 100,000	>100,000
Density (cells/mL) <sup>1</sup>			
Microcystins (ug/L) <sup>1,2</sup>	<8	8 – 20	>20
Anatoxin-a (ug/L) <sup>3</sup>	Non-Detect	Detect – 20	> 20
Additional Factors	Visual presence but no	Reports of animal	Reports of human illness
	reported illness	illness or death	
Health Risks <sup>1</sup>	Negligible	Short-term effects	Short-term effects such
		such as skin irritation	as skin irritation nausea,
		nausea, vomiting,	vomiting, diarrhea.
		diarrhea. Potential for	Potential for long-term
		long-term effects.	effects and acute
			poisoning.
<b>Recommended Actions</b>	Post caution signs,	Post caution signs,	Post closure signs, notify
	visually monitor for	notify private water	private water users and
	changes	users and media with	media with advisory,
		advisory	closures

#### Table 2. Montana HAB Public Health Advisory Tiers for Recreational Waters

<sup>1</sup>WHO, 2003, <sup>2</sup>EPA, 2019, <sup>3</sup>CSWB, 2016

## **2.3** Advisories

Recommended health advisories should be based on the guidelines and recommendations in **Table 1** and **2** following the decision flow chart shown in **Figure 3**. For public drinking water suppliers, the State HAB team recommends notifying users after the first positive detection of cyanotoxins and following up with laboratory testing for confirmation. Each public water supplier may have a plan that describes how to notify water users in case of an emergency. It is recommended that the public water supplier develop a plan if one is not in place. The drinking water advisories would be based on **Table 1**. If toxicity exceeds these guidelines, all users should be notified as to not drink the water until further notice.

For recreational waters, the water managers or regulatory authorities can print and laminate advisory signs from the following address:

https://dphhs.mt.gov/publichealth/Epidemiology/hab. HABs and cyanotoxin conditions can change rapidly, often more quickly than is feasible to monitor for change. Due to this limitation, the State HAB team recommends posting Caution signs under most scenarios, even when cell densities or toxin concentrations reach Tier 2 conditions (Figure 3). Given the greater human health risk associated with Tier 2 conditions, water users and/or the media should be notified. If cell densities or toxin levels reach Tier 3 conditions, or if there are any reported animal or human deaths or illnesses, the State HAB Team recommends the managing jurisdiction (Section 2.4) immediately post caution signs and consult with State or County Human Health officials to determine next steps. This may include conducting subsequent field or laboratory testing (Section 3.0) and/or posting closure signs and closing the waterway.

If there are no reported illnesses and a blue-green algal bloom has been visually verified (Section 3.1), it is recommended that the managing jurisdiction post caution signs. The managing jurisdiction has the option to then continue to monitor visually for any changes or to conduct field testing (Section 3.2). If the field testing yields a positive result for cyanotoxins, the State HAB Team recommends confirmation through laboratory analysis (Section 3.3). It is also recommended that caution signs remain in place if the field test returns a negative result. The caution sign should remain in place for at least two weeks after any visual signs of the algal bloom has dissipated.

The results of the laboratory testing will better direct the jurisdiction as to what level of advisory is needed (**Figure 3, Table 2**). After an advisory has been issued, it is recommended that the jurisdiction conduct field and/or laboratory testing at a minimum of every two weeks. At least two weeks of results indicating that the hazard has passed is recommended before removing or downgrading any advisory.

#### **2.4 MANAGING JURISDICTION**

A managing jurisdiction for a waterbody may include local health boards, local water user organizations, state and federal agencies, and private landowners. The local health boards and health officers have general authority to post health advisories and close water bodies per Montana Code Annotated (MCA) 50-2-116 and 50-2-118. The local health boards and health officers may also work with other managing jurisdictions to post advisories.

The State HAB Team requests all local managing authorities passively monitor for HABs within their jurisdictions and report any suspected HABs to <u>HAB.MT.gov.</u> A managing jurisdiction has the greatest familiarity and access to their local waterbody and would likely be the first to recognize a HAB before any other agency. This guidance is not suggesting that jurisdictions develop a HAB monitoring plan, rather encourages a local "eyes on the ground" monitoring approach. For any managing jurisdictions that would like to develop an active HAB monitoring plan, the State HAB Team can provide review and assistance.

Shorelines under state (FWP and State Lands) or federal control (BLM, BOR, and Forest Service) are the responsibility of the respective agency to monitor, test, and issue appropriate advisories. For privately accessed water bodies or shorelines, it is the responsibility of the private landowner to determine HAB concerns.

The authority to notify the media rests with the jurisdictional agency. The State HAB Team can provide recommendations as to how and when to notify the media. In the case of an extensive bloom that has the potential to affect multiple jurisdictions, it is recommended that all agencies coordinate with the State HAB Team to issue a unified message to the public.

The state recommends notifying any water users and the media for publicly accessible waterbodies when a Tier 2: Warning or Tier 3: Danger advisory is issued (**Table 2**). This may include notifying the local paper and television news station. The State HAB Team can assist in media releases and provide pertinent information necessary to protect public health.

It is strongly recommended that the responsible agency or landowner work in coordination with the State HAB Team during all stages of a potential bloom.



#### Figure 3. Decision Flow Chart for Harmful Algal Blooms in Recreational Water and Private Water Users

# **3.0 MONITORING AND TESTING**

Monitoring and testing is not mandated by the State. The State HAB Team does recommend that all managing jurisdictions visually monitor for cyanobacteria and report any occurrences to <u>HAB.MT.gov</u>. But if a HAB is visually verified, the State HAB Team recommends the sequence of monitoring, testing and advisory activities shown in **Figure 3**.

Each jurisdiction is responsible for monitoring and testing. As discussed in Section 2.4, the State HAB Team recommends at a minimum, passive monitoring or an "eyes on the ground" approach to identifying HABs. Test kits and laboratory assistance is available at no cost through the State HAB program on a limited basis. Contact <u>HAB@mt.gov</u> for more information.

#### **3.1 VISUAL ASSESSMENTS**

If a potential bloom is identified, a visual assessment is recommended. A visual assessment includes documenting the color and physical nature of the bloom (e.g., floating scum/mats) using a digital camera (please take photos both close-up and of the extent of the bloom). In addition, the locations and extent of the bloom should be noted, especially if it is present near any public access.

All visual assessments and photos should be reported through the state reporting system <u>HAB.MT.gov</u>. The State HAB Team (**Section 4.0**) can assist in visual verification of a potential bloom.

## **3.2 FIELD TESTS**

After a bloom has been visually verified, field tests are recommended.

Easy to use strip tests are helpful in detecting the presence/absence of cyanotoxins and can be performed in the field without laboratory equipment. These strips will only indicate if the concentration of the cyanotoxin is above some fixed value specific to each type of test strip (e.g., 5 µg/L). A limited supply of test strips is available from the State HAB program, <u>HAB@mt.gov</u>. Test strips are also available directly from the manufacturer, <u>Abraxis,Inc.</u>, at the cost to the managing jurisdiction (described in **Section 2.4**). Each test strip costs \$30 to \$50 depending on the cyanotoxin tested. Test strips can detect anatoxin-a, cylindrospermospsin, and miscrocystins toxins in source drinking water, finished drinking water, and lake/reservoir/pond water. As such, the managing jurisdiction should decide which of these types of field test kits is most appropriate for their situation. At a minimum, microcystin field testing should be performed for a water body with visual cyanobacteria confirmation. The manufacturer has specific user guidelines that should be followed for accurate results. The test strip instructions are provided in **Appendix A** and available for download at <u>Abraxis, Inc.</u> Additionally, test strip instructions will be made available to those who are acquiring test strips from the State HAB Team. Test strips can be tricky to read. For confirmation of the reading, take a picture of the test strip and send it to the State HAB Team. For additional sampling procedures see **Section 3.4**.

Field tests should target areas with the highest likelihood or risk of animal or human-cyanotoxin interaction and exposure. These areas may include beaches, shoreline access areas, drinking water intakes, stock watering ponds, etc. The GPS location and general description of sample location should be recorded in field notes. It is important to note that the field tests will only produce semi-quantitative results for one specific cyanotoxin and serve as an initial screening process for the presence of cyanotoxins. The test strips will not accurately measure cyanotoxin concentrations, speciate cyanobacteria, or provide cyanobacteria cell counts. Laboratory analysis can be performed for verification of toxicity, speciation, and cell count.

Field test results above the detection limit of the test strip procedure should initiate caution sign posting in the affected area and are best followed up with laboratory analysis for confirmation. Positive cyanotoxin detections should be reported to the State HAB Team.

## **3.3 LABORATORY ANALYSIS**

After visual verification of a bloom and/or a positive field test for cyanotoxins, samples may be collected for laboratory analysis. If it is the first time your organization is collecting samples for HAB analysis, it is recommended that you contact the State HAB Team to discuss a sampling and analysis plan. Laboratory analyses may be available through the Region 8 EPA laboratories at no cost to the managing jurisdiction or landowner. However, note that commercial laboratories may provide faster turn around times than the EPA laboratories. Waterbody managers may decide to pay for their own analysis depending on the urgency.

The HAB Team (Section 4) is available for consultation to assist in the interpretation of laboratory results.

#### **EPA Laboratory**

A limited number of laboratory analyses from the EPA Region 8 Laboratories are available to Montana at no cost to the managing jurisdiction. To obtain a sample kit, please contact the State HAB Team, <u>HAB@MT.gov</u>, or Tina Laidlaw at Region 8 EPA, <u>Laidlaw.Tina@EPA.gov</u>, (406) 457-5016. The test kit will come with the following items:

- Sampling procedures
- 1L PETG bottles
- Coolers
- Alcohol wipes
- Nitrile gloves
- Paper towels
- Gallon bags
- Ice packs
- FedEx forms with EPA account

Please read the sample collection and shipping procedures very carefully before commencing sampling (**Section 3.4** and **Appendix B**). Contact Tina Laidlaw at Region 8 EPA, <u>Laidlaw.Tina@EPA.gov</u>, (406) 457-5016, and notify her as to when you will be shipping your samples to the laboratory.

#### **Commercial Laboratories**

The laboratory must be contacted prior to sample collection and will provide required forms and protocols to be followed during sampling. The laboratory may provide bottles or recommend a type of bottle needed for sample collection.

The following are recommended commercial laboratories:

- Phycotech, Inc.
  620 Broad Street, Suite 100 St. Joseph, MI 49085 Phone: (269) 983-3654 <u>info@phycotech.com</u> <u>http://phycotech.com/</u>
- GreenWater Laboratories 205 Zeagler Drive Suite 302 Palatka, FL 32177 (877) 869-2542 <u>info@greenwaterlab.com</u> <u>http://greenwaterlab.com/</u>

Please inquire from the individual laboratories about pricing and turn-around time.

Toxin analyses may include microcystins, anatoxin-a, cylindrospermopsin, and more depending on the laboratory. The analysis techniques include but are not limited to enzyme-linked immunosorbent assay (ELISA) and/or liquid chromatography-tandem mass spectrometry (LC-MS/MS).

Some labs can perform a preliminary qualitative analysis of samples. These methods will examine the presence or absence of cyanobacteria, the dominance of cyanobacteria, the identification of dominant cyanobacteria genera, and their relative abundance in the sample. From these results, toxicity testing and or further taxonomic analysis can be recommended.

Additional analysis may involve the direct observation and enumeration of the phytoplankton and any cyanobacteria present in the water column sampled. Depending upon the level of analysis, phytoplankton are identified to the lowest possible taxonomic category (generally species) and counted. Cell densities for all identified cyanobacteria species will be calculated.

If taxonomic analysis is conducted to the resolution of genera or cells/mL, the results will be quantitative, but for the contents of the sample volume alone. These methods will not quantify the composition of cyanobacteria in the waterbody, the water surrounding the bloom, or even the entirety of the bloom itself. For more intensive studies of cyanobacteria, protocols for quantitative phytoplankton collection methods are available and can be referred to if comprehensive quantified information is needed.

### **3.4. SAMPLING PROCEDURES**

Samples can be collected from the water column or from the surface depending on the type or phase of the bloom. Cyanobacteria blooms often exhibit extensive temporal and spatial variation. As a result, it may be necessary to take multiple types of samples from various places around the water body to most effectively estimate the threat of the bloom to humans, pets or livestock.

There are several factors that should be considered when selecting sample locations and technique. Samples should be collected in areas of the lake where there is evidence of a potential bloom at the time of sample collection. Within the area of the bloom, samples should be collected where potential exposure is greatest. In many cases, this means samples should be collected near the shorelines where cyanobacteria cells accumulate, especially in areas that are frequented by recreationists. Care should be taken not to include the lake bottom materials that may be disturbed and suspended if wading. Try to minimize other organisms, sediment, etc. in the sample.

Samples can be collected from the water column or from the surface depending on the type or phase of the bloom. Cyanobacteria blooms often exhibit extensive temporal and spatial variation. As a result, it may be necessary to take multiple types of samples from various places around the water body to most effectively estimate the threat of the bloom to humans, pets or livestock.

In addition to targeting potential recreational exposure areas, additional samples should be collected across the extent of the bloom so that the spatial extent of the bloom can be characterized, especially if the waterbody is a drinking water supply. Samples should be collected near the drinking water intake whenever possible. Visual estimates, documented by taking photographs and GPS coordinates, can also be used to determine the extent of the bloom.

Samplers should wear elbow/shoulder length gloves, eye protection (such as goggles), and waders/boots during sampling. Do not ingest water or allow the water to come into contact with exposed skin. Avoid inhaling spray caused by boats, wind or other water surface disturbances. If these conditions are present, wear a mask to avoid inhalation of water spray. Hands should be washed

thoroughly after sampling before eating or drinking. Waders/boots should be rinsed of algal material using fresh water (not lake water) before storage.

The laboratory providing the analysis will either provide bottles or suggest bottle type and sizes for sample collection. The laboratory may also have specific procedures for sample collection such as freezing or not freezing the samples, chain of custody forms, and shipping procedures. If no labels are provided, label the bottle with a permanent marker with the following details: (1) Location, (2) Time, Date, and (3) Sampler Name. Field notes should contain more specific information about the location of the sample, such as GPS coordinates, depth of sample, and whether the sample is a composite or grab sample. Additional sampling procedures are found in **Appendix B**.

### **3.5 REPORTING**

All field notes and photos should be submitted to the state HAB Team. If a commercial laboratory is used for analysis, a copy of analytical results and chain of custody should be submitted to the State HAB Team preferably electronically via email <u>HAB@mt.gov</u>. To submit via mail, please contact a member of the HAB Team (**Table 3**).

# **4.0 CONTACTS AND RESOURCES**

### 4.1 MONTANA STATE HAB TEAM

The Montana State HAB Team consists of members from the DEQ, DPHHS, and FWP. The HAB Team can be reached at the email <u>HAB@mt.gov</u> or at the website <u>HAB.MT.gov</u>.

The primary DEQ contact is Hannah Riedl, Water Quality Specialist, <u>hannah.riedl@mt.gov</u>, 406-444-0549 and the primary DPHHS contact is Matthew Ferguson, Toxicologist, <u>matthew.ferguson@mt.gov</u>, 406-444-3284.

The following table lists the contact information for the members of the State HAB Team.

Table 5. Members of Montana State HAD Team			
Name	Agency	Email	Phone
Hannah Riedl	DEQ	hannah.riedl@mt.gov	406-444-0549
Myla Kelly	DEQ	mkelly2@mt.gov	406-444-3639
Erik Leigh	DPHHS	eleigh@mt.gov	406-444-5306
Edward Evanson	DPHHS	eevanson@mt.gov	406-444-5309
Laura Williamson	DPHHS	lwilliamson@mt.gov	406-444-0064
James Murphy	DPHHS	jmurphy@mt.gov	406-444-4016
Matthew Ferguson	DPHHS	matthew.ferguson@mt.gov	406-444-3284
Trevor Selch	FWP	tselch@mt.gov	406-444-5686

#### Table 3. Members of Montana State HAB Team

## 4.2 RESOURCES

### Report a HAB: <u>HAB.MT.gov</u>

Abraxis Test Strips: https://www.abraxiskits.com/products/algal-toxins/#dipsticks

United States Geological Survey: http://pubs.usgs.gov/sir/2008/5038/

National Center for Disease Control (CDC) HABs: https://www.cdc.gov/habs/index.html

EPA Cyanobacterial HABs: <u>https://www.epa.gov/nutrient-policy-data/cyanobacterial-harmful-algal-blooms-water</u>

World Health Organization Guidelines for Drinking Water Quality: http://apps.who.int/iris/bitstream/10665/44584/1/9789241548151\_eng.pdf

World Health Organization Guidelines for Safe Recreational Waters, V. 1 – Coastal and Fresh Waters: http://apps.who.int/iris/bitstream/10665/42591/1/9241545801.pdf

World Health Organization's "Toxic cyanobacteria in water: A guide to their public health consequences, monitoring and management": http://www.who.int/water\_sanitation\_health/publications/toxicyanobact/en/

Cyanobacteria Image Galleries: http://www-cyanosite.bio.purdue.edu/images/images.html

## **5.0 REFERENCES**

- CSWB, 2016. California Guidelines for Cyanobacteria in Recreational Inland Waters Voluntary. Available online at: <u>https://mywaterquality.ca.gov/habs/resources/habs\_response.html</u>
- EPA 2019, <u>Recommended Human Health Recreational Ambient Water Quality Criteria or Swimming</u> <u>Advisories for Microcystins and Cylindrospermopsin</u>, Office of Water, United States of Environmental Protection Agency, EPA 822-R-19-001
- EPA 2015a, <u>Drinking Water Health Advisory for the Cyanobacterial Toxin Cylindrospermopsin, Office of</u> <u>Water</u>, United States Environmental Protection Agency, EPA 820R15101
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- UDWQ 2016, Recommended Standard Procedures for Phytoplankton Collection to Detect Harmful Algal Blooms, State of Utah Department of Environmental Quality Division of Water Quality.
- WHO, 2003: Algae and cyanobacteria in fresh water. Guidelines for Safe Recreational Water Environments World Health Organization, Geneva. <u>http://www.who.int/water\_sanitation\_health/publications/srwe1/en/</u>
- WHO, 1999 Toxic cyanobacteria in water: A guide to their public health consequences, monitoring and management. (ed. I. Chorus). <u>http://www.who.int/water\_sanitation\_health/resourcesquality/toxcyanobacteria.pdf</u>

## **APPENDICES**

### **APPENDIX A – ABRAXIS TEST STRIP INSTRUCTIONS**

Additional guidance can be found on the <u>Abraxis, Inc.</u> website.









# APPENDIX B - REGION 8 EPA, TOTAL CYANOTOXIN SAMPLING PROCEDURES, JUNE 2015

#### Sample Collection

**Safety must come first when sampling HAB toxins.** Gloves should be worn when sampling HABs in open water. Chest waders should also be worn if collecting a toxin sample when wading off the shore to protect skin from contact with toxins. Avoid inhaling spray from boats, wind, or irrigation water from areas with harmful algal blooms. Do not ingest or allow the water to come in contact with the skin. Always wash hands after sampling and do not touch hands to mouth or other exposed areas of the body before washing. All equipment, gloves, and waders should be rinsed with de-ionized water (not lake water) after collections.

#### **Sampling Protocols**

Cyanotoxin samples should be collected near the shoreline targeting recreational areas and "scums" or areas where "scums" may be deposited. Disposable gloves should be worn to avoid exposure to potential toxins. Samples should be collected by wading from the water's edge to a depth of 0.5 m and collecting a grab sample just under the surface (Graham et al., 2008) using two 60 ml amber glass bottles. If collecting surface colonies or scums, collection at the water surface is appropriate. Sample bottles should only be filled ½ full. No preservative is required.

Rinse the 60 ml bottle 3 times with lake-water before collecting the water sample. Fill bottle half full with lake water. Repeat procedure for second bottle. Add the label and cover with clear tape. Samples are to be stored out of light and on ice prior to shipping. Depending on your shipping timeframe prepare the samples as follows:

- *Shipping Overnight*: ship on ice and overnight samples to the lab.
- If not shipping overnight: Immediately store the sample on dry ice to freeze. Prior to freezing, ensure complete mixing of samples and sufficient room for thermal expansion within the sample container. Thaw samples and ship to the lab on ice.

Take photos of the site and record the following information:

- Site Name
- Sample ID
- Sample volume (mL)
- Sample depth (m)
- Type of sample (e.g., surface, integrated photic zone, etc.)
- Site Description
- GPS coordinates
- Date (mm-dd-yyyy)
- Time (24 hr)
- Other WQ parameter information collected (e.g., DO, pH, water temperature).
- Note ambient conditions (e.g., sunny, recent rain event, etc.)
- Type of analysis

#### **Sampling Shipment**

If using the EPA lab, before shipping, contact EPA R8 contact (Tina Laidlaw) to confirm shipping protocol and schedule. Samples are not shipped on Fridays or the day before a holiday as recipient laboratories will likely be closed. Shipments must contain paperwork required by the laboratory.

Samples must remain chilled (on ice or refrigerated) and in the dark during shipping. Typically, samples are placed in coolers, packed in double bags on wet loose ice, and shipped overnight to arrive at the analyzing laboratory the next morning. Ensure that sample bottles are situated so they will not break. Sample containers should be sealed with tape to prevent leaking or potential toxin exposure during shipment. Coolers must have a "keep refrigerated" sticker on the outside.

Additional references:

Ohio EPA, 2014. Public Water System Harmful Algal Bloom Response Strategy (Draft). Ohio Environmental Protection Agency, Columbus, Ohio.

US Geological Survey, 2008. Cyanobacteria in Lakes and Reservoirs: Toxin and Taste-and-Odor Sampling Guidelines. Cyanobacteria, Version 1.0, Chapter A7, Biological Indicators.